



21 July 2024

Minister: Steve Mann

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This Sunday

Sunday 21st July
10 30 am

In Church
and Online
Streaming from 10.15am

Bible Month
Genesis

The God who comes to people in their
struggles Genesis 25-36

Speaker - Rev Sally Letman

Next Sunday

Sunday 28th July
10 30 am

In Church
and Online
Streaming from 10.15am

Bible Month
Genesis

A recap and overview of the whole
book of Genesis

Speaker - Rev. Steve Mann

Worshipping God

Building Faith

Transforming our community

Website: www.capelmethodistchurch.org.uk

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What's On

July 2024

Weekly activities

Mondays	Youth Cell 6.30pm
Tuesdays	Pilates 7.00pm & 8.15pm
Wednesdays	Busy Bees 9.30-11.30am
Fridays	Pilates 8.30am & 9.45 am Aerobics 11.00am

Other Dates

Sun 21st	10.30am Worship with Rev Sally Letman
Mon. 22 nd	Dementia Café in the Library 2.00pm
Tues 23 rd	The Bible Course 10.30am-12.00noon
Thurs 25 th	Luncheon Club
Sat. 27 th	'Hands at Work' Coffee Morning 10am-12.00noon
Sun.28th	10.30am Café Worship with Rev Steve Mann 6.30pm United Prayer Time
Thurs 27 th	Luncheon Club
Sat 3 rd	Prayer Breakfast 8.30am at the Manse
Sun 4th Aug.	10.30am Worship with Margaret Gooderham

Please pray for
our preachers
who are serving
at the following
churches this
week.

21st July
Alyson Ellis
Chantry



Leaving service for
Rev. Derek Grimshaw
Sunday July 28th - 4pm

*At Museum Street Methodist Church
Preacher - Raymond Wilson*

*Everyone is welcome to join us as we
say goodbye to Derek after 11 years
with the Ipswich Circuit.*


Methodistic
The Ipswich Circuit of the Methodist Church of Great Britain
At the heart of the community

New Date—NewDawn India Cream Tea

2:30-4:30pm Saturday 10th August at Potters House, 4 Homefield – home of Ian
and Sue France












PRAYER REQUESTS



Please pray for:

Those who are not well

-  Doreen Parker, seriously ill in hospital. Pray also for her daughter Rachael
 -  Janice Bowyer, please pray for full health and strength
 -  Chris Jowett, now recovering well and receiving good support from the diabetic clinic. But still has some way to go
 -  Alan Barnes, much improved and out and about, although still has dressings for his foot.
 -  Val Beer is now at home with care 24 hours a day . She is aware we are praying for her and she values that very much. It has been so good that she has been able to come to church a couple of times with her carer
 -  Oli, still needing prayer
 -  Jill and Steve Parker, especially for Steve
 -  John, son of Gordon and Jean is now out of hospital and at home. He still needs our prayers
 -  Tina Wilson & family coping with several health issues
- Please pray for Calum. He is really struggling with the death of his best friend who died in a house fire last October. Steve was a tenant in Calum's house. Calum is heavily involved in the insurance claim, the extent of which is overwhelming. Every interaction with the insurers is a reminder of the horrific events. He is quite exhausted with grief and not in church presently.
 - Those members who are confined to their home or care home and not able to join in fellowship with us at Church - Bette, Nick
 - Those mourning the death of loved ones: Chris, wife of Lew Dyer. Malcolm Blazey's daughter Joanne & family. Maggie Boswell & family mourning the death of her Aunt

A HUGE THANK YOU to Judy and her team for providing a superb strawberry tea for Network. Thanks too to Marcie (Jean and Gordon's grand daughter) for being a wonderful waitress. Everyone really enjoyed themselves.

It has been requested there's another informal tea party in August!! TUESDAY 20 AUGUST has been proposed 2.30pm - 4.00pm in the garden (weather permitting) or in church. If you'd like to attend or help in any way, please contact Carol V tel. 01473 311389.

If you can make cakes or scones please let Claire know



Hands at Work Africa

Hands at Work Coffee Morning
Saturday 27th July
10.00am-12.00 noon
Capel Methodist Church



We are raising money to support the work of **Hands at Work** in the African villages.
Supporting the most vulnerable children.



Homegroups

If you would like to join a church homegroup please contact Stephen Durrant for more details.

They meet at the following times -

Monday 7.00pm

Wednesday 7.30pm

Thursday 7.30pm (2 groups)



Parish Nurse Vacancy (Part Time) 8 hrs per week

Are you a Christian and a registered nurse who is looking for a new role where you can make a real difference to people in and around Capel St Mary? Have you got a vision for providing true holistic care? If so, then we may have the perfect job for you.

We are looking for a second nurse to join our established Capel Parish Nursing service. We have been running for 7 years, and amongst other things run a regular pre-bookable health clinic at Wenham View, Dove Close, a Dementia Cafe, Craft Group, Kintsugi Hope course and write regular Capel Capers articles.

We not only look after the physical and mental health of the people we serve but can also provide spiritual care and Christian prayer if required. We are keen to develop our services further and so are looking for a motivated individual to join our team and help us reach these goals.

For an application pack or to talk about the post please email:

treasurer@capelparishnurses.org.uk

Further information about Parish Nursing can also be found at the UK and local websites

www.parishnursing.org.uk and www.capelparishnurses.org.uk

The closing date for applications is 15 August 2024



Funded by the Pargiter Trust Fund through Suffolk Community Foundation

Capel Parish Nurses is a Charitable Incorporated Organisation, registered with the Charity Commission, number 1173638.