

# 22 December 2024



Minister: Steve Mann

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## This Sunday

\* Sunday 22nd December \*  
10 30 am In Church and Online  
*Streaming from 10.15am*

*Hush the Noise*  
*Join the Love Song*  
*this Christmas*

*"The love song"*  
*Micah 5: 2-5a, Luke 1: 39-55*

*Speaker Rev. Steve Mann*

## Next Sunday

Sunday 29th December  
10 30 am

In Church and Online  
*Streaming from 10.15am*

*Café Style service*

*Speaker Jess Bramhill*



**Worshipping God**

**Building Faith**

**Transforming our community**

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## What's On

### December 2024

#### Weekly activities

Mondays Youth Cell 6.30pm  
Tuesdays Pilates 7.00pm & 8.15pm  
Wednesdays Busy Bees 9.30-11.30am  
Fridays Pilates 8.30am & 9.45 am Aerobics 11.00am

#### Other Dates

**Sun.22nd 10.30am Worship with Rev Steve Mann**

Mon 23rd Candlelit Carols. 7.00-8.00pm

**Sun 29th Worship with Jess Bramhill**

**No United Prayer Time this month**

### **Homegroups**

If you would like to join a church homegroup please contact Stephen Durrant for more details.

They meet at the following times

Monday 7.00pm,

Wednesday 7.30pm,

Thursday 7.30pm (2 groups)

Congratulations to **Gordon Dawkins** who is 80 on 29th December.

Happy special Birthday, Gordon!





# **Candlelit Carols**

The Methodist Church,  
Capel St Mary

**Monday 23rd December 2024**

7.00 to 8.00pm

Come and enjoy  
mince pies, fruit punch,  
Carols and assorted readings  
for Christmas Week  
In a candlelit café setting.  
Everyone welcome.







## PRAYER REQUESTS





### Please pray for:


Those who are not well


 **Alan Barnes** was admitted in hospital last week, having difficulty with standing and walking. He is now in Waveney Unit, Ipswich Hospital, on antibiotics, ensuring a good fluid intake and undergoing many investigations. He is eating well but not sleeping so well. Please continue to pray for him.

 **Val Beer**, is at home with care 24 hours a day. She is aware we are praying for her and values that very much. It is good that she is able to come to church occasionally with her carer

 **Jean and Gordon**. Please continue to pray for Jean and Gordon and their family as they grieve for their son John, whose funeral was on 11th December. Please uphold them in prayer. **Jean** had hip replacement surgery on 14th November. She is doing well and the hospital is very pleased with her progress. We pray for full healing for her after the surgery.

 **Marilyn Ling & Maggie Boswell** whose brothers have both recently died.

 **Marshall and family**. Please pray for them following the sudden death of Marshall's brother in law.

 **Maddy Finch** please could you pray for Maddy as she prepares for her knee replacement operation which is scheduled for 4th Jan

- Please pray for **Calum**.
- Pray for those members who are confined to their home or care home and not able to join in fellowship with us at Church - **Bette, Nick**.

### Continue to pray for our Young People's work

**Youth Cell** with Jill & Jon on Mondays evenings. 12 are attending now

**Live Wires** on Sunday mornings                      **Busy Bees** on Wednesday mornings

**Open the Book** in Capel Primary School. Next one in January 2025

**Messy Church** - the next one will be in January 2025

## **The Romans Course**

Following on from the Bible Society's 'Bible Course' is the 'Romans Course' which is also produced by the Bible Society and presented by Andrew Ollerton.

At Capel Methodist Church we will be following this course on Tuesday mornings at 10.30 am led by Steve.Mann.

Everyone is welcome to attend whether or not you have previously completed the Bible Course.

Starting date is Tuesday 14th January.

### **What is The Romans Course?**

*The Romans Course* is a ten-session programme which helps you study Paul's letter to the Romans. The course tackles ten big themes found in the book of Romans which are key to understanding the Christian faith:

**Gospel** – How can we become confident in our faith?

**Sin** – What's wrong with the world?

**Salvation** – What's so amazing about grace?

**Peace** – How can we find rest in a stressful world?

**Freedom** – How can we avoid negative cycles?

**Hope** – What has God promised?

**Mystery** – If God is sovereign, what is our role?

**Devotion** – How can we live full on for God?

**Community** – How can we live together in love?

**Mission** – How can we be ambitious with the gospel?